

# Health, WASH and Nutrition

In 2024, Help a Child continued working on the provision of clean water, healthcare, nutrition, and sanitation, as these basic services are critical in crisis situations, as well as preconditions for sustainable development and resilience amongst vulnerable children and their families.

In the protracted crisis in DRC, Help a Child constructed essential WASH facilities such as toilets, showers, and water points in schools. This not only provided a safer learning environment for children but also improved fundamental hygiene practices that protect their health in a context of ongoing instability.

In Somalia, Help a Child collaborated with Medair and three local partners on an integrated Health, WASH, and Nutrition programme. Together, we delivered lifesaving support to malnourished children, launched community health education initiatives, and secured access to clean water to combat waterborne diseases. We also supported the establishment of Child-Friendly Spaces and focused on identifying and treating survivors of Sexual and Gender-Based Violence, ensuring that vulnerable children and families receive comprehensive care and protection.

In our Child-Centred Community Development approach, we integrate Health, WASH, and Nutrition in the projects. This includes strengthening local organizations, running awareness campaigns, and advocating for policy changes. Early Childhood Development Centres play a crucial role in this effort, especially in detecting and addressing malnutrition amongst young children.



End hunger, achieve food security and improved nutrition and promote sustainable agriculture



Ensure healthy lives and promote well-being for all at all ages



Ensure availability and sustainable management of water and sanitation



#### **Key statistics:**



29,734
people supported through



clean water supply



**82,141**people have been reached with hygiene promotion messages

13,276 young children received treatment for malnutrition





### **SOMALIA** IMPACT STORY:

## Lifesaving flood response



In 2024, Help a Child and Medair brought lifesaving Health and WASH services to flood-affected communities in Baardheere and Kismayo in Somalia. Over 33,700 people received essential support, including maternal and child healthcare, immunizations, antenatal services, malnutrition referrals, and improved hygiene and shelter assistance.



Health workers trained in integrated childhood illness protocols operated three mobile clinics that reached remote villages cut off by floodwaters. Three flood-damaged health facilities were repaired to bolster local healthcare capacity. A new Postnatal Care ward was constructed in Shaqalaha, and an additional room was added at Abdalla Birole to handle the growing patient load triggered by the influx of IDPs.

To combat cholera, a new treatment unit and three oral rehydration points were established, serving nearly 1,800 patients and keeping fatalities below 0.2%. In parallel, 3,000 hygiene kits were distributed, reaching 20,360 individuals, while 2,000 IDP households received shelter kits, benefiting 13,340

people. Community health workers, supported with training and incentives, played a key role in raising awareness of cholera prevention, safe water use, and sanitation. Gender and protection concerns were integrated, focusing on women-headed households and training staff in basic protection guidelines. The holistic approach of combining mobile outreach, facility rehabilitation, and WASH measures has strengthened resilience in Somalia's hardest-hit regions.

Through this collective effort, Help a Child and Medair ensured that families facing displacement and ongoing floods could access the vital support needed for recovery.





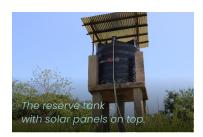
### **DRC** IMPACT STORY:

### **Access** to clean water

Nemba and Sebele are villages in the areas of Baraka/Fizi and South Kivu in DRC, which have difficulty accessing clean water. In response to this problem, the programme put in place wells to provide relief for the inhabitants.

A photovoltaic well system consists of an electric motor pump under a system of solar panels producing energy that turns the motor to bring water up from eight metres underground to the reserve tank, where it is piped to the two standpipes that provide access to clean water in the community.

"This well is of great importance to us. Before, we suffered constantly from stomach aches thinking that we consumed poison, but it was due to the dirty water from the rivers from which we could get water. Now we have access to clean water," testifies Rachid, president of the water committee of Nemba.





**7,740** people were supported, including **4,799** children

