

Help a Child

Providing a future for children in need



Who we are

Help  a
CHILD

WHO WE ARE

Help a Child (in Dutch: Red een Kind) is a Christian, international development and relief non-profit organization, founded in 1968 in the Netherlands. Help a Child provides a future for children in need, their family and their entire community.

We want every child – regardless of their social, political, religious, ethnic or economic background – to have a life in dignity, with love and with a promising future. By empowering vulnerable communities we help them to change their living conditions and opportunities in a sustainable way.

Help a Child works in areas with a high incidence of poverty or in places where children and families are extra vulnerable due to disasters or (imminent) conflicts.



WHAT WE BELIEVE

Every child is a unique gift from God

WHAT WE AIM FOR

A promising future for every child

HOW WE WORK

For children, families, the entire community

HOW WE WORK: OUR GUIDING PRINCIPLES



Sustainable impact

Help a Child creates sustainable Impact for children. It is our task to provide children living in poverty with a better future. We achieve this by empowering our target groups, enabling them to independently enhance their living conditions and increase their resilience after we have left.



Empower people

As a Christian organization, we believe that every human being and every child is uniquely created in the image of God. This means that our efforts need to result in people who have the strength and perspective to improve their own situation, even in challenging contexts.



Holistic care

Help a Child understands that poverty and crisis are multidimensional, therefore we believe in holistic approaches. Providing children with a better future is a comprehensive goal, encompassing multiple domains. We support children to be Healthy & Strong, Educated for Life, Social & Emotionally Developed and living with Hope & Dignity. As an organization, we focus on what we do best and cooperate with other actors to achieve the rest.



Engage our constituency

Our reason to exist is to serve children in need, our right to exist is our constituency. Engaging people in the Netherlands in our work is crucial in a world in which we are connected as brothers and sisters. As an organization we feel the obligation, due to our shared values of compassion and love, to create awareness and to function as a bridge between the families in the Netherlands and families in need worldwide.



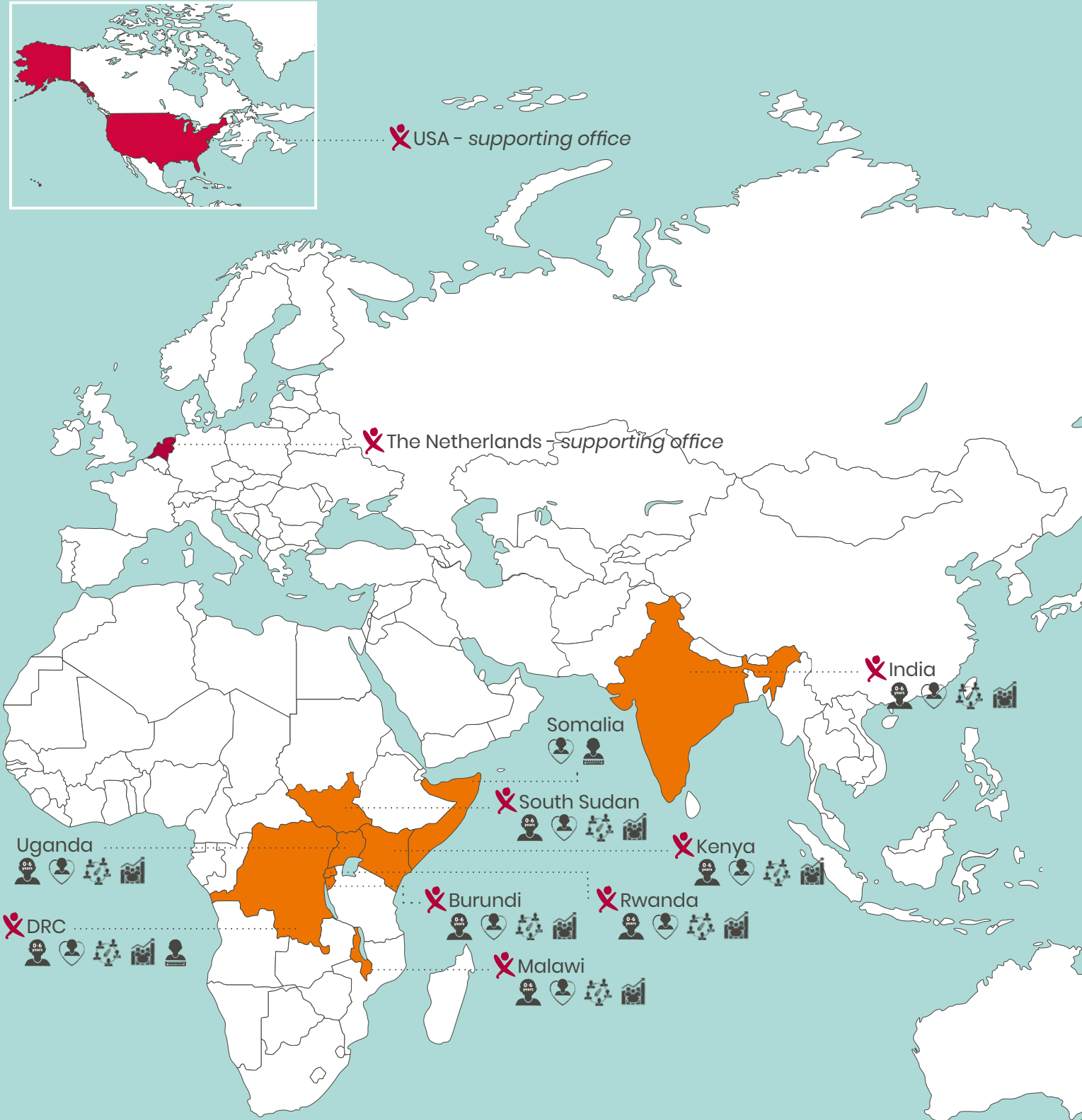
Our motivation

We believe that the motivation with which we do our work makes a difference. As Help a Child colleagues we are inspired to love, called to justice, moved to mercy, invited to reconciliation, motivated to stewardship and dependent on God. These Christian principles inspire us to give our best in all circumstances.





WHERE WE WORK



 **Country Office**

 **Early Childhood Development**

 **Child Protection**

 **Food Security & Livelihoods**

 **Community Empowerment**

 **Health / WASH**

OUR PROGRAMMATIC EXPERTISE



Early Childhood Development

60,275 young children (0-7) in development programmes supported in 2023

What happens in the early years of a child's life lays the foundation for future health, education and economic outcomes. Help a Child has an integrated approach for children in the age of conception up to school entry (0-7 years). Help a Child focuses mainly on two key elements: provision of integrated services at Early Childhood Development Centers (ECD centers) and parenting. Through our ECD centers we offer education, health monitoring and nutrition interventions for both young children and parents. Through our 'Parenting Challenge' care and attention for children improves, as well as harmony in the household between men and women.



Child Protection

6,594 children supported through child protection activities in 2023

One of the main goals of Help a Child is to provide a safe environment for children and protect them from harm. We do this by activating and strengthening the so-called rings of responsibility surrounding children (parents, teachers, community, government). Help a Child strengthens policies, systems and laws, designed to protect children from harm. We do this by establishing and strengthening child protection committees and child rights clubs, and by making the link between communities, government bodies and social services involved in child protection. We are specialized in strengthening community-led (child) protection structures that are sustainable and focus on prevention and risk-reduction.



Food Security & Livelihoods

941 (youth) farmer groups supported in 2023

Improving the food security of vulnerable households in the long term is imperative for families and children to thrive. Depending on the situation, we combine short-term, mid-term and long-term interventions. Help a Child's focus has been to involve young people in agricultural activities, thus boosting food security in their communities while at the same time creating income and livelihood opportunities for the next generation. We use a Participatory Integrated Plan (PIP) methodology that is inclusive of women and youth and very effective in boosting household income.



Community Empowerment

2,032 self-help groups supported in 2023

"Peaceful and inclusive societies for sustainable development, access to justice for all and effective, accountable and inclusive institutions at all levels." SDG16 is at the heart of Help a Child's vision. In our community development activities, we rely on key principles such as participation and inclusion. Everybody needs to be able to join and be part of the change needed. Across ethnic, generational or other divides, we focus on building trust, reconciliation and a sense of togetherness. Another key principle is sustainability, the ability of communities to face the future after a projects ends.

FINANCIAL OVERVIEW

Help a Child expenditure per country in 2025

Burundi	€ 1.827.000
DRC	€ 3.081.000
India	€ 1.305.000
Kenya	€ 973.000
Malawi	€ 1.084.000
Rwanda	€ 1.903.000
South Sudan*	€ 8.639.000
Uganda	€ 1.195.000
Somalia	€ 1.446.000
Total 2025	€ 21.454.000

* including Dutch Relief Alliance partners



Key institutional donors

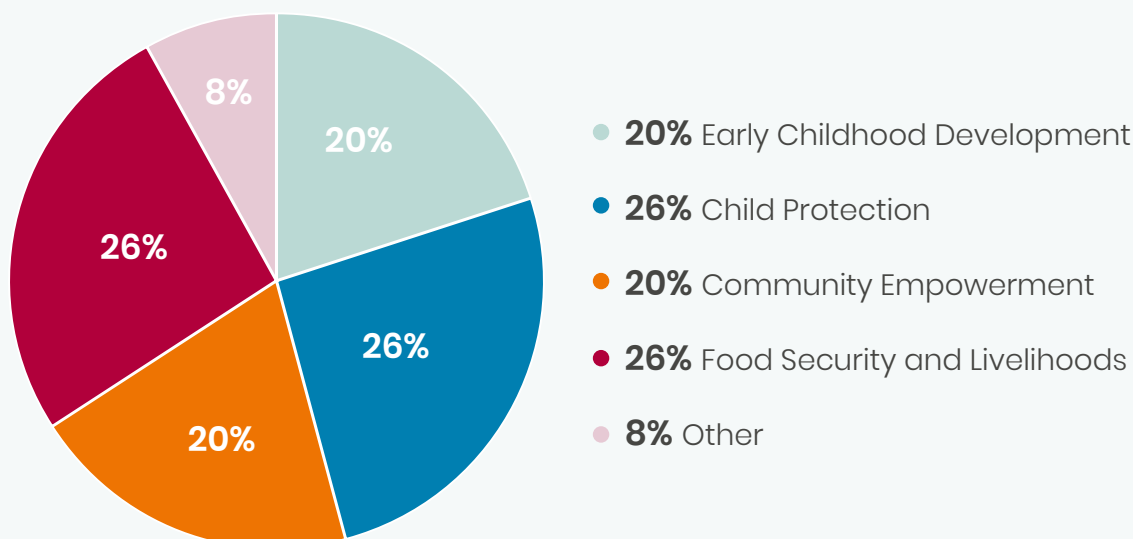
Netherlands Ministry of Foreign Affairs, USAID, UNICEF, European Commission (DG INTPA), European Commission (DG ECHO), UNHCR and the World Food Programme.

Help a Child works with many other foundations, local and international organizations and a loyal constituency of private sponsors, companies, churches and schools.

Income in the Netherlands (budget 2025): €24.090.000

Help a Child expenditure* on theme in % in 2025

* Including all projects executed through local partners or own implementation.





Do you want to read more about our work and impact, read our **Impact Report 2023**, **E2P Evidence Report**, **Parenting brochure** and the **ECD Centers brochure**.

Help a Child aspires to adhere to the highest integrity and accountability standards available for NGOs. Help a Child is certified against the Core Humanitarian Standard (CHS) and adheres to all UN standards on Prevention of Sexual Abuse, Exploitation and Harassment. We improve our integrity policies on a regular basis.



Contact

e: online@helpachild.org

p: +31 (0) 38 460 46 48

w: www.helpachild.org

 [instagram.com/helpachild.intl/](https://www.instagram.com/helpachild.intl/)

 Help a Child International

'Help a Child' is the international name for Red een Kind, a NGO registered in the Netherlands with affiliates in Africa and India.