

We contribute to:



COMMUNITY EMPOWERMENT

In our projects, we focus attention not merely on outcomes and results, but rather on the process of people regaining control. Community empowerment is like planting a tree: it takes time to grow and become stronger.

Our Child-Centred Community Development projects have an average duration of seven to eight years. It is a beautiful and fascinating process to gradually step back and watch how community structures take over the wheel, for example in Mavindini, Kenya, where our CCCD project came to an end. It is also a delicate process with regular setbacks and expectations to be managed. In 2022, we put a lot of effort into streamlining training and capacity-building for partners during different phases of the programme.

In short-term projects, our efforts are focused on involving all people in community dialogues: men, women, youth, children, people with disabilities, and community leaders. These conversations in themselves are the pathway to change. In Wau, South Sudan, people with disabilities now take part in community activities and decision-making. In India, children enjoy taking part in Child Parliaments, contributing to improved child well-being in their communities.



Achieve gender equality and empower all women and girls

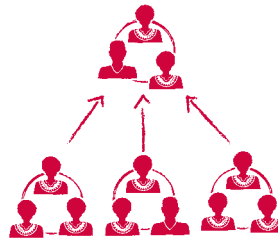


Promote peaceful and inclusive societies for sustainable development, provide access to justice for all and build effective, accountable and inclusive institutions at all levels

Key statistics:

1,920

Self-help groups supported



207

Cluster Level Associations supported

Topics of community dialogues

facilitated by Help a Child in 2022 included:

child rights child marriage

peacebuilding conflict

personal safety resolution

inclusion of people with a disability sexual and gender based violence

girls **healthy environment**

rights child protection

positive parenting



UGANDA

Lowering thresholds for children with a disability

In Abim, Uganda, Help a Child works with the partner organization SAO. Together we are working hard to improve the conditions of children with disabilities.

The biggest challenge is to ensure that children with disabilities can go to school. Last year, with support from Help a Child, SAO arranged wheelchairs and walking frames

for children with a disability. Some households received two pigs for additional support. In time, the piglets can be sold for school fees and to pay for medical expenses.

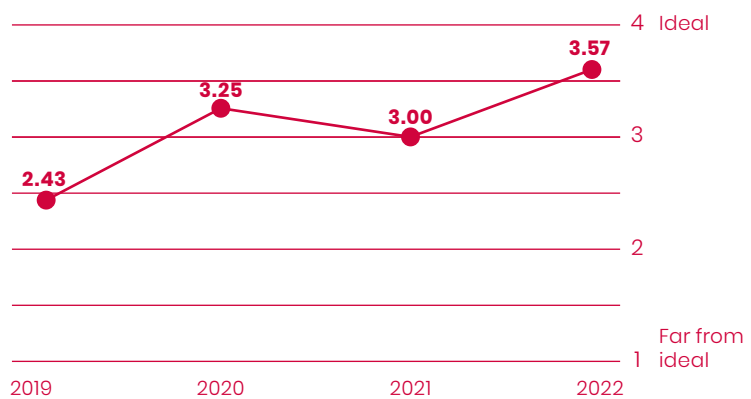


'Lucky has difficulty walking and standing. With this wheelchair, I can take her to church and the market.'

Rosalyn (aged 29), mother of Lucky (aged 3)

Disability inclusion - improving conditions **Uganda - Abim** (Empowerment Score Card)

Average score for 'Disability inclusion' given by project participants in Abim, Uganda between 2019 and 2022.





Mavindini: Community project successfully delivered

Just a day in December. Women proudly display the vegetables they have grown in their shared field. Children put cuttings of trees in the ground to express a new beginning and to show what they have learned at the children's club: to take care of yourself, look after each other, and be mindful of the environment. Together with the facilitators, they dance and perform role play.

