



Supporting children to grow out of poverty

Country Brochure



Help a Child is a Christian, international relief and development organization, founded in 1968 in the Netherlands. We work together with various Dutch, international and local partners across Malawi, Kenya, Ethiopia, Burundi, Rwanda, DRC, Uganda, South Sudan and India.

Our mission

Help a Child provides a future for children in need, their family and their entire community.

Our vision

Help a Child wants every child – regardless of their social, political, religious, ethnic or economic background – to have a life in dignity,



www.helpachild.org

Learn more about our
Theory of Change

Help a Child has been active in Malawi since 2009 and opened a country office in 2016 in Lilongwe. Help a Child improves the wellbeing of children through the implementation of Child Centred Community Development (CCCD) Programs in Mzimba and Nkhata Bay.



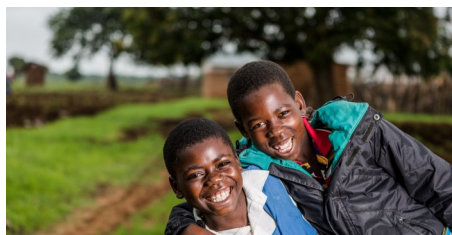
The Help a Child Malawi country program 2016-2020 has the following objectives and key activities:



Early Childhood Development

Our vision | All young children receive adequate early childhood care and development.

- ✓ Parenting Education
- ✓ Quality community based child-care centres (CBCC's)
- ✓ Advocacy for increased support and collaboration in ECD



Child Protection

Our vision | All children are well protected and have access to education.

- ✓ Children's groups
- ✓ Community involvement in schools
- ✓ Child protection committees and by-laws
- ✓ Disability mainstreaming

“Our families are now a pride in our community thanks to Help a Child for the skills development training and business management coaching sessions .”

- Ethel Matupi - SHG Member from Edingeni, Mzimba District

“We are now able to lobby for development projects from the government at the district assembly.”

– Area Development Committee in Mbelwa



Youth & Work



Our vision | Youth are economically and socially empowered.

- ✓ Agribusiness skills training
- ✓ Youth friendly sexual & reproductive health services
- ✓ Value chain development (ground nuts)



Community Empowerment



Our vision | Vulnerable communities are empowered for sustained improved wellbeing of their families and children.

- ✓ Capacity of community structures (ADC and VDC)
- ✓ Self-help groups
- ✓ Agribusiness Development



For more information go to www.hacmalawi.org



Story of Gollie

The power of parenting



Gollie is a married mother of two daughters, living in William Ngwenya village, Mzimba. The family derives their livelihood from farming. Despite the fact that the family produces enough food each year, their children didn't grow up healthy and suffered from malnutrition related disorders.

When Help a Child rolled out a parenting challenge program with the objective of supporting parents and

guardians, Gollie joined one of the parenting clubs. The session she enjoyed most was 'Feeding our children', where she learnt a lot on how to prepare a nutritious diet covering all six food groups. Only three months later her daughter's nutritional status improved. Gollie: "Since I started attending parenting sessions; I am able to prepare nutritious meals for my children which is enabling my children to grow healthy and strong."

"Since the parenting course I am able to prepare nutritious meals; my children grow healthy and strong now."

Help a Child Malawi works in partnership with local civil society organizations in the implementation of projects. Our partners are:

Livingstonia Synod Aids
Program (LISAP)



Word Alive Commission
for Relief and Develop-
ment (WACRAD)



National Association of
Smallholder Farmers
Malawi (NASFAM)



Some of our projects



1 | Community Empowerment

Social and economic strengthening through self-help groups in Edingeni

2 | YACSMART

Economic empowerment of youth in Upper Zilakoma

3 | Early Childhood Development

Early Childhood Education and nutrition in Zilakoma





CONTACT US

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